Domestic8d

Weekly Meal Planner

Menu Week No 1 (started 01.07.13)

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage pie, gravy and peas	*Grilled sausages*	*Sunday Roast*	*Spaghetti Bolognaise*	*Cheese pizzas*
Chocolate sponge	*Creamed potatoes*	*Carrots & Peas*	*With garlic flat bread*	*Potato waffles, Spaghetti*
And chocolate custard	*Mushy peas and gravy*	*Raspberry ripple mousse*	*(take baby dinner out for Friday)*	*Lemon sponge & Lemon icing*
Chicken, scorn & mayo wraps	*Jam sponge & custard*	***Tuna & Cucumber sandwiches***	*Rocky road jelly & crm*	***Oven baked potatoes & baked beans***
Whip bars & Fruit	***Spaghetti with bread & Butter***	***Crisps***	***Cracker and cheese picnic***	***Framage frais***
	Pears	***Bananas***	***Tomatoes, cucumber***	
			Chocolate crispy buns	

Our Lunch and Tea menu is on a 4 week rota, Regularly updated.

Kimberley our nursery cook attends daily to prepare and cook fresh foods.

We discuss our menu with parents to alter certain foods for allergies and try to keep the meal plan as similar to the other children as possible.

Breakfast , snacks and drinks are served daily.

Allergies - Dinner & Tea for

Grocery List